

MASTERS TRACK & FIELD INDOR TRAINING

For adult USATF members* ages 25 and up

Bethel High School Indoor Track & Field Training Center

300 Whittlesey Drive Bethel, CT

Sundays

in December, January & February **2 to 4 p.m.**

Questions? Contact Yvonne Grimes at grimesy@bethel.k12.ct.us or Rob Rakich at rrakich@blackrockvault.com



*Not a member of USATF? Join today!

Training Center use for masters is free for USATF-CT members on Sundays from 2-4 p.m. through February.